



Cognitive Behavioural Therapy Techniques in Managing Patients with Trauma

Introductory course suitable for all staff working with patients with hand trauma:

- Understanding trauma
- Clinical presentation and risk factors
- How to recognise when patients need to be referred for CBT
- The benefits of psycho-education in rehabilitation process
- Practical CBT techniques to support patients with PTSD

Live session: Tuesday 6th September 2022

Time – 2.00pm – 5.00pm UK Time

Cost: £80.00 (early bird booking £60.00)

Including 3.5 hours of pre-recorded lectures/webinars to watch BEFORE the live session

to book and pay online visit our website:

www.pulvertafthandcentre.org.uk

Speakers: **Vicky Lucas** – RMN, CBT Psychotherapist, EMDR Therapist
Jemma Richmond - CBP Therapist, EMDR Practitioner, and Specialist Neurodevelopment Practitioner